

Financial and Food Assistance

1. 2-1-1: Often times, people don't know where to go for help ... or that help is available. People don't know, for example, that emergency food and shelter assistance is available; child care is accessible for low and middle income families; after-school programs offer a safe place for youths; and more. 2-1-1 is your community solution. This three-digit number is easy-to-remember and provides a direct link to non-emergency help for health and human services. **For emergency calls, people should still call 911.**
2. The Working Together Foundation is a non-profit foundation established in 1992 that awards grants to state employees and retirees for such things as unexpected injuries, accidents or death, uninsured medical emergencies, and other crises: 303-831-8645, or visit www.state.co.us/dhr/wt. Working Together Motto: "State Employees Helping State Employees!"
3. Food Bank of the Rockies' main programs are Fighting Hunger Feeding Hope, FBR's Nutrition Network, Denver's Table Food Rescue, and Government-Subsidized Food Programs : 303-371-9250 or 877-460-8504, or visit: <http://www.foodbankrockies.org/site/PageServer?pagename=home>
4. Catholic Charities: 303-742-0828 or visit: <http://www.catholiccharitiesdenver.org/about-us.aspx>.
5. The following link will take you to **GovBenefits.gov**, where you can search a public database of more than 1,000 government benefits, including the Emergency Food Assistance Program, and view customized benefit lists that include program contact information:
http://www.govbenefits.gov/govbenefits_en.portal? nfpb=true& pageLabel=gbcc_page_comadvresources& nfls=false

For additional information, email GovBenefits@dol.gov or call 1-800-FED-INFO (1-800-333-4636) Monday - Friday, 8:00am-8:00pm Eastern Time.
6. The Colorado State Employee Assistance Program (C-SEAP) is available statewide for free and confidential counseling, grocery store food cards, emergency financial assistance, and referrals to community resources: 303-866-4314 or 1-800-821-8154, or visit <http://www.colorado.gov/cs/Satellite/DPA-EO/DEO/1214905946179>. All state employees are eligible for C-SEAP assistance.
7. The Credit Union of Colorado offers members and their families unlimited access to free financial education and counseling services through Accel Members Financial Counseling. The Accel program provides unbiased information and assistance to help members find solutions to achieve their financial goals. The program assists with personal and family budgeting; credit report reviews; money management; debt repayment; and avoiding bankruptcy, foreclosure and repossession. To take advantage of this service, contact Credit Union of Colorado to establish your membership by opening a savings account with a minimum deposit of \$25.
8. Metro CareRing provides food, personal care items, utilities assistance, and other services: 303-860-7200, or visit: <http://www.metrocarering.org/services>.

9. According to statistics, only one in five Colorado ninth-graders will earn a college degree, so the state has developed initiatives to make college more accessible. Visit the CDHE's College Invest Division for expert advice, scholarship information, and planning tools: www.collegeinvest.org, 1-800-448-2424. Or, try College In Colorado: www.collegeincolorado.org, 720-264-8560.
10. National Foundation for Credit Counseling: www.nfcc.org or 1-800-388-2227
11. LEAP is a federally funded program administered by the Colorado Department of Human Services (CDHS) and is designed to **assist** with your winter heating costs. The LEAP Program eligibility period runs from **November 1st through April 30th**: Call *HEAT HELP* at 1-866-432-8435, or visit <http://www.cdhs.state.co.us/LEAP/>.
12. Foreclosure Hotline has received more than 60,000 calls and assisted more than 10,000 homeowners reach a positive resolution. **To meet with a housing counselor for FREE, call 1-877-601-HOPE**, or visit <http://www.coloradoforeclosurehotline.org/>.
13. The goal of SHARE is to help families save about 50% on their groceries, while encouraging the building of relationships with their neighbors in the community. There are no qualifications...if you eat, you qualify. 1-800-933-7427 or visit <http://www.sharecolorado.com>.
14. Angel Food Ministries: With a heart to help others and a generous spirit, Joe and Linda Wingo founded Angel Food Ministries in 1994 to provide food for friends and neighbors who were struggling financially. Today the Angel Food program is helping provide food relief to more than 500,000 families each month: 1-877-FOOD-MINISTRY (1-877-366-3646) <http://www.angelfoodministries.com>

For additional information about these resources, please contact the Colorado State Employee Assistance Program (C-SEAP) at 303-866-4314 or 1-800-821-8154.